

**S.N. Réalt na Mara, Rosses Point, Co. Sligo.**

## **Easter Menu of things to do.**

*This is a menu of activities - you can try as many as you like. Have fun!*

- **Make a Gratitude Tree** (see instructions on our website). This can be done individually or as a family project. <http://www.rossespointns.com/files/Gratitude-Tree.pdf>
- **Reading:** Read 2 books over the Easter holidays.
- **Art Activities:**
- **Redesign** the book cover of your favourite book. How would you illustrate the cover?
- Sit in your garden and do a sketch of your surroundings or arrange some fruit in a bowl and do a sketch of what you see. (Older children could focus on shadows created).
- Do some **Mindful Colouring**. This is suitable for all ages including infants. See <http://www.rossespointns.com/files/Mindful-Colouring.pdf>
- **Puzzles:** check out our dedicated **Puzzles Page** on our school website. <http://www.rossespointns.com/puzzles.html> there is a mix of number and word puzzles for all ages.
- Do our daily online **Quiz** on <http://www.rossespointns.com/quizzes.html>

You can also have a go at some of our past Quizzes, if you haven't done so already.

You could organise a FAMILY **QUIZ** night.

- **Be a Nature Detective:**

When taking your daily exercise, be a nature detective – look for five different species of birds or five different species of flowers or five different trees/plants or if you go for a walk on the beach look for five different shells. Find out the name of each one. Draw a sketch or take a photo. You don't have to spot them all at once; you can keep a log of your sightings over a number of days.



- **Free writing:**

**Write a story or a poem on the topic of your choice.** Maybe you could record yourself reading it **or** look at the Easter word mat and let it inspire you to do some creative writing. Write some sentences or a short story based around the Saving Easter Word Mat

## Saving Easter



**Write a letter** to grandparent(s) or cousins. Tell them about your experiences since school closed on 12<sup>th</sup> March. What have been the good things that have happened to you? What have you disliked? What you are most looking forward to in the future? Keep a copy of your letter and put in a family **time capsule**.

- Put together a **family time capsule**. What items would your family include?
- **Holy Week and Easter resources:** Check out the Holy Week and Easter videos suggested by the Diocese of Elphin on: <https://www.elphindiocese.ie/programme-prayer-resources>
- **Learn a song.** Check out [www.dabbledoomusic.com](http://www.dabbledoomusic.com). Click here to access [https://dabbledoomusic.com/p/parents-subscription-full-access/?product\\_id==3D1122889&coupon\\_code=3D17641J](https://dabbledoomusic.com/p/parents-subscription-full-access/?product_id==3D1122889&coupon_code=3D17641J) or copy and paste this link into the URL bar. Go to Pop Songs course. There are some great pop songs (old and new) you can learn with Dabbledoo.
- **Play outside** as often as possible: invent a game; make a hut/fort in your garden. Organise your own version of Ireland's **Fittest family** and come up with different challenges for all the family to complete

- **Plant a seed** – you can take the tiny seeds from inside of a tomato or peppers. Dry them on some kitchen paper on a sunny windowsill for a day or two and then plant them in a little soil or compost in an empty yoghurt pot and leave it in a sunny place. Water carefully – not too much water! Watch them grow.

#### **Pasta fun for little ones**

- Dye some pasta in a plastic food bag using a few drops of food colouring (Parent to do this!!). Set aside on some kitchen paper and leave to dry fully before using it. When it is dry:
  - Sort the pasta according to shape/size/colour
  - Make a pattern with the pasta
  - Use the pasta pieces to form some of your Dolch/Tricky words



- **Extension activity:** Older children /parents could help younger children to make some pasta “jewellery” using the coloured pasta and yarn or string
- **Rice/Sprinkles activities (for Infant Classes)**
  - Fill a tray with rice or sprinkles. Children could trace their letters/words in the rice or sprinkles with their finger.
  - Tricky words/Dolch words/Letters could be hidden in a deep tray/dish of rice or sprinkles and the aim is to find and read them/identify the sound as they are found.



- **Make some home-made playdough. Here is just one way of making it.**

**Remember to play with your play dough on wipe-able table mats or use newspaper to cover table. Do not play with it on soft furnishings or carpet.**

**Makes** 1 coloured ball

**Prep** 10 minutes

**You will need**

- 8 tbsp plain flour
- 2 tbsp table salt
- 60ml warm water
- food colouring
- 1 tbsp vegetable oil

**Method**

1. Mix the flour and salt in a large bowl. In a separate bowl mix together the water, a few drops of food colouring and the oil.
2. Pour the coloured water into the flour mix and bring together with a spoon.
3. Dust a work surface with a little flour and turn out the dough. Knead together for a few minutes to form a smooth, pliable dough. If you want a more intense colour you can work in a few extra drops of food colouring.
4. Store in a plastic sandwich bag (squeeze out the air) in the fridge

- **Play Bingo**

Divide a piece of paper/mini whiteboard into 4-6 boxes. Leave out all Tricky/Dolch words on the table. Choose 4-6 words and write one in each box. The caller will start calling out words from the selection on the table. Tick the words you have selected as they are called. When all of your chosen words have been called, shout Bingo. The first person to call Bingo is the winner. Continue until all players have called Bingo.

This activity could also be done with numbers. **You can modify the activity for older children using words on a particular topic e.g. Weather, Sports equipment or even try it as Gaeilge using Irish vocabulary**

- Play some of the games below on [ictgames.com](http://ictgames.com) (the games listed are most suited to Infant/First & Second Classes)
  - The Dinosaur's Eggs-Phonics
  - Forest Phonics
  - The Dinosaur's Eggs-High Frequency Words
  - Help a Hedgehog
  - Balloon Flight
  - Counting Caterpillar

- Play some games on the **Topmarks** website (the games listed are most suited to Infant/First & Second Classes)

- Helicopter Rescue
- Shape Patterns
- Caterpillar Ordering

- **DICE ROLL**

Do some addition practise using 2/3 dice (2 is enough for Junior Infants). Roll the dice. Write out the addition sum for number formation practise and add the numbers together. E.g.  $2+3=5$ ,  $5+1+4=10$ .

**This activity can be modified for older children by getting them to multiply the numbers that they roll on 2 or 3 dice.**

- **SCIENCE EXPERIMENT: LAVA in a CUP**

See <http://www.rossespointns.com/files/Lava-in-a-cup-experiment.pdf>

- **FAMILY FUN:**

**Play board games and card games.**

**Have a corniest joke competition or who can make the best pun.**

**Play Charades**

**Put on a Family Talent Show.** Record it for your **time capsule**.

- **Check out the daily activities on [www.newsmagmedia.ie](http://www.newsmagmedia.ie)**

and read the **Newsflash magazine Aged 7+** **or**

**The Primary Planet magazine Aged 10+**

- **TAKE PART IN THESE COMPETITIONS:**

**Trócaire Game Changers Home challenge!**

Create a board game, card game or video game at home, using the Sustainable Development Goals (SDGs) as the theme, and win a fantastic prize!

The closing date for entries is **June 30 2020**, and games can be entered in one of the following Home Categories – **Home Individual Category** or **Home Team Category**. Prizes will be awarded to the winning game in each category.

For more information on the Sustainable Development Goals & tips on how to create your game check out: [www.trocaire.org/education/gamechangers](http://www.trocaire.org/education/gamechangers)

## **Agri-Aware Incredible Edibles Family Challenge**

Incredible Edibles is a healthy eating project normally availed by primary school teachers. However, in light of the current global pandemic, with schools closed and most of the Irish public in home isolation, we decided to open it up to all parents to aid in at home learning, while also giving you an opportunity to win some prizes!

This is a fun and educational curriculum linked horticulture project that will get your children thinking and learning all about how your food goes from field to fork! Click on the link to learn more: <https://www.incredibleedibles.ie/iefamilychallenge.html>



from all the Teachers  
at S.N. Réalt na Mara,  
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